



About Welcome Baby

Welcome Baby is a program of Durham County Cooperative Extension, supported by funds from Durham's Partnership for Children, a Smart Start initiative; Duke Endowment Fund and the Durham County Government .

We provide a range of services from car seats and free clothing; workshops for parents; lending library; volunteers who call parents of newborns and discussion groups. Services are available to any Durham County family with children ages birth-5. We know that parenting is a job with endless questions. WB staff are here to help. For more information or to be added to our mailing list, please call us at (919) 560-7150 or visit our web site at www.welcomebaby.org

This month we are highlighting some of the programs that we offer the Durham Community! Car Seat Safety-Giving Closet-Cribs for Kids Durham

CAR SEAT SAFETY A recent survey of parents showed that 96% believed that their car seat was installed correctly. According to www.seatcheck.org **seven out of ten car seats are IMPROPERLY** installed.

MOST COMMON ERRORS MADE WHEN INSTALLING CAR SEATS ARE:

- Having the harness straps in the incorrect position or too loose
- Adding anything to the handle of the car seat or adding covers and or padding to the car seat
- Buckling children into seats while they are wearing a heavy coat

WHAT YOU CAN DO TO ENSURE YOUR CHILDREN ARE TRAVELING AS SAFE AS POSSIBLE:

- Harness openings should be at shoulder level or below for rear facing car seats, and at shoulder level or above for front facing car seats. You should not be able to pinch any of the harness material between your fingers when you pinch from top to bottom
- If the item did not come with the car seat it should not be added to the car seat. Added items have not been crash tested with the seat so the security of the seat may be compromised by the added item.
- Once your child is buckled in turn the coat around and put it on them backwards with their arms through the arm holes and the back of the coat acting as a blanket. You can also cover them after they are buckled with a blanket.

If you want to be sure that your car seat is installed correctly, you are free to come by Welcome Baby and we would be glad to check it for you. If you have any questions about your car seat feel free to give **Carmen a call at (919) 560-7390** and she will be happy to answer your questions or get you registered for a car seat safety class at Welcome Baby.

WELCOME BABY'S GIVING CLOSET - free infant, toddler, maternity clothing & baby equipment available.

Who's eligible?

Durham Residents with a valid photo ID & proof of Durham residency.

When to come?

Monday mornings 9:30-11:10am (Registration begins at 9am)

2nd Thursday evening of the month 4:30-6:10pm (Registration begins at 4pm)

Shoppers can come **once a month, Six (6) times a year (More Shopping Trips!)**

What do I receive?

10 pieces of clothing per child under 5 years of age

15 accessories per family, i.e. socks, shoes, books, bibs etc.

Diapers given per child, size based on weight and age of the child.

Mothers-to-be, can get maternity clothes and clothes for the unborn child.

As clients shop, child care is provided for children under the age of 5.

This is a great time to learn about Welcome baby's other great programs!

Can I help with Donations?

Yes! We always need *clean, gently used clothing*, especially boys sizes 2 and 3T

Questions & information? Contact Welcome Baby at 919-560-7150



The goal of **Cribs for Kids Durham** is to:

ensure a safe sleep environment for all newborns

reduce the risk of Sudden Infant Death, educating families on safe sleep practices

ensure that every parent has a crib that needs one



WELCOME BABY, is the local chapter of the National Cribs for Kids® foundation. This self sustaining non-profit program purchases and distributes Pack N Play® porta cribs. Each family receives safe sleep training before receiving a crib. Families only pay \$10 to cover the cost of shipping. All cribs are purchased through private, tax deductible donations, small community grants and gifts. Families are referred for a pack n play from our community partners.

SAFE SLEEP CHECKLIST:

- Babies sleep on their back at night and for every nap
- Always sleeps alone in a crib or bassinet
- There are no pillows, bumper pads, stuffed animals, or big heavy blankets in the crib
- Babies are kept away from smoke
- Babies are dressed in light layers
- The room is kept cool between 68 and 75
- Babies are checked on regularly

Please call Cindy Riley at 919-560-7319 if you would like additional information regarding the program or if you would like to schedule a safe sleep information session for a group.

**Join Welcome Baby on
Facebook and Twitter and Pintrest!
Check out our updated website at
www.welcomebaby.org**



Label Here

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